

Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment, and is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions. For more information on N-SSATS methodology, [click here](#).

In **Texas**, 555 substance abuse treatment facilities responded to the 2002 N-SSATS, reporting that there were 37,274 clients in substance abuse treatment on March 29, 2002. The survey response rate in **Texas** was 90%.

Facility Ownership/Operation

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	298	54%	15,503	42%	1,595	56%
Private for-profit	198	36%	15,537	42%	945	33%
Local government	26	5%	2,624	7%	232	8%
State government	12	2%	711	2%	74	3%
Federal government	20	4%	2,867	8%	—	—
Dept. of Veterans Affairs	9	2%	1,658	4%	—	—
Dept. of Defense	11	2%	1,209	3%	—	—
Indian Health Service	—	—	—	—	—	—
Other	—	—	—	—	—	—
Tribal government	1	<1%	32	<1%	8	<1%
Total	555	100%	37,274	100%	2,854	100%

Primary Focus of Facility

	Facilities		Clients in Treatment on March 29, 2002			
	No.	%	All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	392	71%	29,294	79%	2,066	72%
Mental health services	40	7%	1,676	5%	204	7%
General health care	12	2%	458	1%	3	<1%
Mix of mental health & substance abuse treatment services	93	17%	4,862	13%	558	20%
Other/unknown	18	3%	984	3%	23	1%
Total	555	100%	37,274	100%	2,854	100%

Substance Abuse Problem Treated

	Facilities ¹		Clients in Treatment on March 29, 2002			
	No.	%	Clients		Clients per 100,000 Pop. Aged 18 and Over	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	462	90%	19,611	53%	108	
Clients with drug abuse only	376	73%	12,345	34%	73	
Clients with alcohol abuse only	354	69%	4,940	13%	30	
Total²	515		36,896	100%	211	

¹ Facilities may be included in more than one category.

² Excludes 40 facilities that were not asked or did not respond to this question.

Type of Care

	Facilities ¹		Clients in Treatment on March 29, 2002				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	443	80%	30,734	83%	33	1,826	64%
Regular outpatient	384	69%	15,838	43%	15		
Intensive outpatient	280	51%	5,037	14%	10		
Day treatment/partial hospitalization	79	14%	757	2%	2		
Detoxification	61	11%	159	<1%	0		
Methadone/LAAM maintenance	68	12%	8,943	24%	101		
Residential	174	31%	5,969	16%	21	882	31%
Rehabilitation	170	31%	5,592	15%	21		
Detoxification	38	7%	377	1%	8		
Hospital Inpatient	58	11%	571	1%	7	146	5%
Rehabilitation	30	5%	283	1%	7		
Detoxification	54	10%	288	1%	4		
Total	555		37,274	100%	33	2,854	100%

¹ Facilities may be included in more than one category.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs		
Maintenance only	32	47%
Detoxification only	2	3%
Both maintenance and detoxification	34	50%
Total	68	100%
Clients in Facilities with OTPs	9,190	
Methadone	9,072	
LAAM	118	

Type of Payment Accepted

	Facilities	
	No.	%
Cash or self-payment	478	86%
Private health insurance	304	55%
Medicare	120	22%
Medicaid	214	39%
Other State-financed health insurance	171	31%
Federal military insurance	154	28%
Other type of payment	72	13%
Sliding fee scale	310	56%
Other payment assistance	197	36%

Facility Capacity and Utilization Rate

	Residential	Hospital Inpatient
No. of facilities ¹	160	48
No. of clients	5,741	527
Designated beds	6,654	574
Utilization rate	86%	92%
Designated beds per facility (average)	42	12

¹ Excludes facilities not reporting both clients counts and number of beds, facilities whose client counts were reported by another facility, and facilities that included client counts from other facilities.

Facility Licensing, Approval, Certification, or Accreditation

	Facilities	
	No.	%
Any listed agency/organization	528	95%
State Substance Abuse Agency	462	83%
State Mental Health Department	74	13%
State Public Health Department/Board of Health	129	23%
Hospital licensing authority	53	10%
JCAHO (Joint Commission on Accreditation of Healthcare Organizations)	108	20%
CARF (Rehabilitation Accreditation Commission)	43	8%
NCQA (National Committee for Quality Assurance)	11	2%
COA (Council for Accreditation for Children and Family Services)	9	2%
Other State/Local Agency/Organization	63	11%

Facility Administrative and Funding Characteristics

	Facilities	
	No.	%
Is part of organization with multiple facilities or sites	323	58%
Has agreements or contracts with managed care organizations for provision of substance abuse treatment services	231	42%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	348	63%

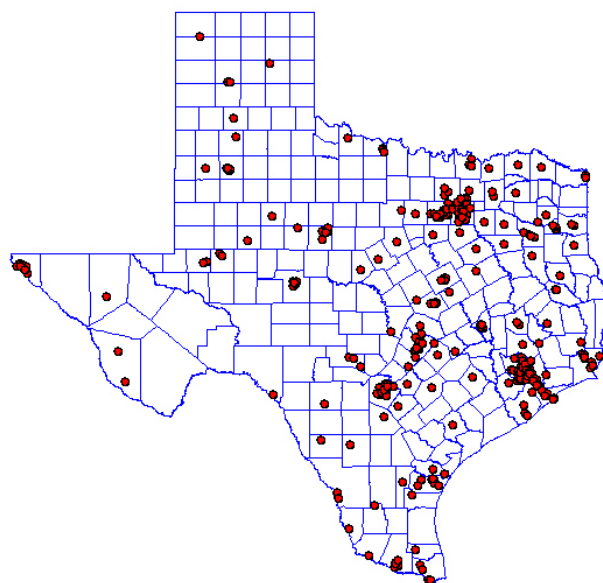
Programs for Special Groups

	Facilities	
	No.	%
Dually-diagnosed	258	47%
Adolescents	177	32%
Persons with HIV/AIDS	132	24%
Gays and lesbians	88	16%
Pregnant/postpartum women	105	19%
Women only	134	24%
Men only	114	21%
Seniors/older adults	96	17%
Criminal justice clients	211	38%
DUI/DWI offenders	82	15%
Other groups	21	4%

Types of Services Offered

	Facilities	
	No.	%
Assessment Services	519	94%
Comprehensive substance abuse assessment/diagnosis	504	91%
Comprehensive mental health assessment/diagnosis	169	31%
Substance Abuse Therapy and Counseling	547	99%
Family counseling	425	77%
Group therapy	471	85%
Individual therapy	523	94%
Relapse prevention groups	424	76%
Aftercare counseling	419	76%
Pharmacotherapies	59	11%
Antabuse	47	9%
Naltrexone	38	7%
Testing	465	84%
Blood alcohol testing	165	30%
Drug/alcohol urine screening	441	80%
Hepatitis testing	196	35%
HIV testing	280	51%
STD testing	203	37%
TB screening	235	42%
Transitional Services	524	94%
Assistance with obtaining social services	274	49%
Discharge planning	489	88%
Employment counseling/training	229	41%
Housing assistance	153	28%
Referral to other transitional services	478	86%
Other Services	513	92%
Case management services	414	75%
Child care	44	8%
Domestic violence or family/partner violence services	132	24%
HIV/AIDS education/counseling/support	386	70%
Outcome follow-up (post-discharge)	378	68%
Transportation assistance to treatment	173	31%
Acupuncture	23	4%

Location of Treatment Facilities



Use SAMHSA's Treatment Facility Locator to find the address and characteristics of specific facilities:

<http://findtreatment.samhsa.gov>

Services for the Hearing Impaired or in Languages Other than English

	Facilities	
	No.	%
Hearing impaired	144	26%
Spanish	281	51%
American Indian/Alaska Native languages	2	<1%
Other	32	6%

Data are from facilities that reported to N-SSATS for the survey reference date March 29, 2002. All material appearing in this report is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.oas.samhsa.gov/dasis.htm#Reports>

Access the latest N-SSATS public use files at:

<http://webapp.icpsr.umich.edu/cocoon/SAMHDA-SERIES/00058.xml>

Other substance abuse reports are available at:

<http://www.oas.samhsa.gov>



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